

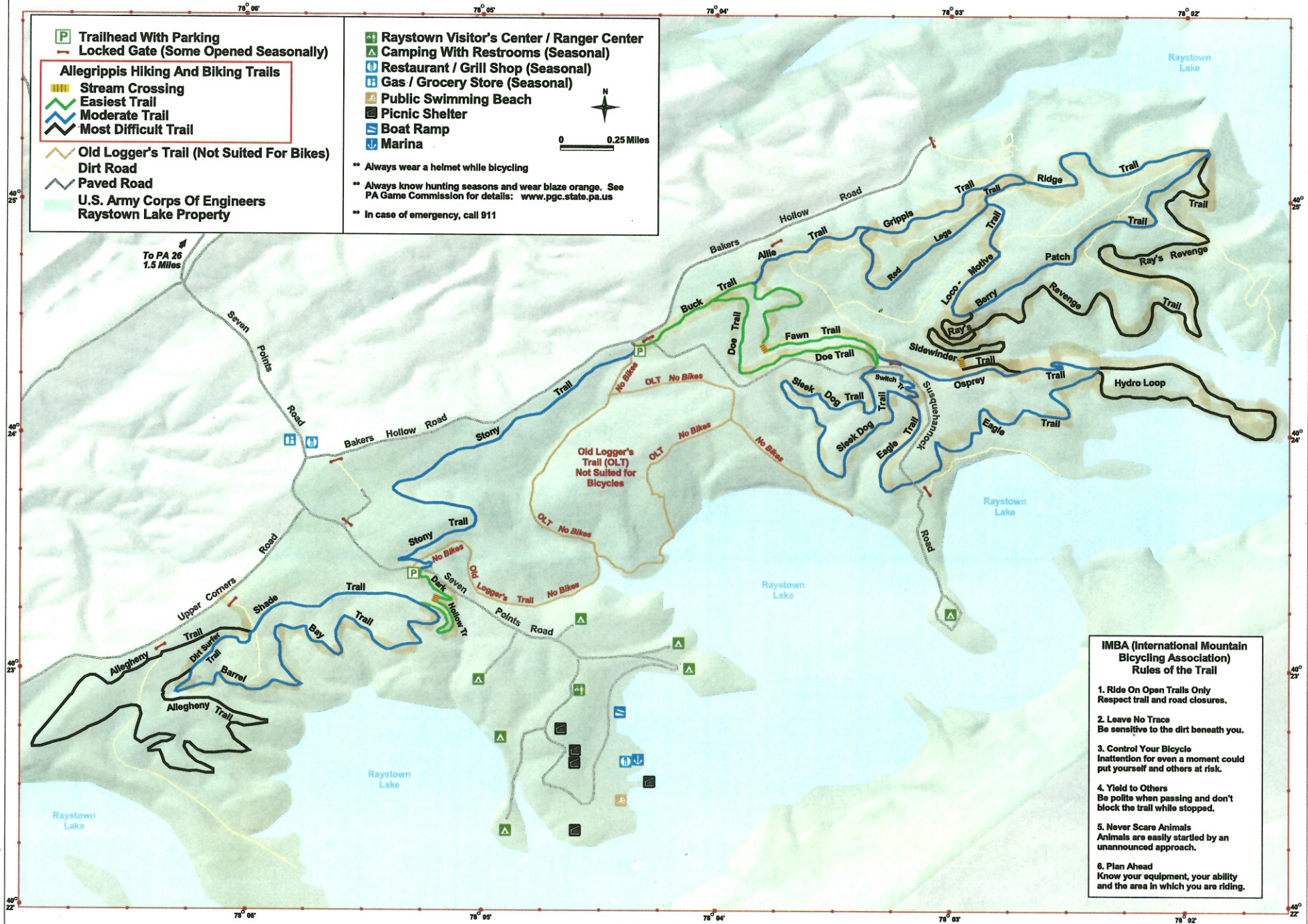


Allegrippis Trail System

Hiking And Biking Trails
In Cooperation With The Friends Of Raystown Lake



INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION



** Always wear a helmet while bicycling
 ** Always know hunting seasons and wear blaze orange. See PA Game Commission for details: www.pgc.state.pa.us
 ** In case of emergency, call 911

- IMBA (International Mountain Bicycling Association) Rules of the Trail**
- Ride On Open Trails Only**
Respect trail and road closures.
 - Leave No Trace**
Be sensitive to the dirt beneath you.
 - Control Your Bicycle**
Inattention for even a moment could put yourself and others at risk.
 - Yield to Others**
Be polite when passing and don't block the trail while stopped.
 - Never Scare Animals**
Animals are easily startled by an unannounced approach.
 - Plan Ahead**
Know your equipment, your ability and the area in which you are riding.